





# Spicy Chile Cauliflower and Poblano Enchiladas

with chipotle pepper sauce

NUTRITION per serving-Calories: 530, Carbohydrates: 57g, Sugar: 12g, Fiber: 7g, Protein: 13g, Sodium: 1730mg, Fat: 29g, Saturated Fat: 14g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

Cook Within

Difficulty Level

Spice Level

Intermediate Spicy

# Before you cook

All cook times are approximate based on testing.

- If using fresh produce, thoroughly rinse and pat dry
- Turn oven on to **425 degrees**. Let preheat, at least 10 minutes
- Set **cream cheese** on counter to soften
- Prepare a casserole dish with cooking spray
- Ingredient(s) used more than once: green onions

#### **Customize It Instructions**

• Meatlovers! If using protein, pat dry and cook in a medium non-stick pan over medium heat with 1 tsp. olive oil. If using ground beef, break up beef until no pink remains and beef reaches minimum internal temperature, 4-6 minutes. If using ground turkey, break up turkey until no pink remains and turkey reaches minimum internal temperature, 7-9 minutes. If you add proteins to filling, you may have filling leftover. Be careful not to overstuff enchiladas!



## 1. Prepare Ingredients and Cream Cheese Spread

- Coarsely chop cauliflower into small pieces.
- Trim and thinly slice green onions, keeping white and green portions separate.
- Mince garlic.
- Stem, seed, remove ribs, and cut **poblano pepper** into 1" dice. Poblano peppers can vary in spice level; most are mild, but a few can be quite hot. Wash hands and cutting board after prepping.
- In a mixing bowl, combine softened cream cheese, garlic, and white portions of green onions. Set aside.



# 2. Cook the Filling

- Place a large non-stick pan over medium heat and add 2 tsp. olive oil.
- Add cauliflower, poblano, seasoning rub, garlic salt, and a pinch of pepper to hot pan. Stir occasionally until browned, 3-5 minutes.
- Add 2 Tbsp. water. Cover, and cook until tender, 6-8 minutes.
- Remove from burner.



### 3. Assemble and Bake the Enchiladas

- Place tortillas on a clean work surface. Spread an even layer of cream cheese spread on each tortilla and top evenly with filling.
- Roll up a tortilla tightly (ensure tortilla ends overlap slightly). Place in prepared casserole dish, seam side down. Repeat with remaining five tortillas.
- Bake in hot oven until golden brown, 8-10 minutes.
- While enchiladas bake, make chipotle pepper sauce.



### 4. Make the Chipotle Pepper Sauce

- Taste chipotle in adobo sauce. It can be spicy!
- Place a medium non-stick pan over medium-low heat and add 1 tsp. olive oil.
- Add chipotle in adobo sauce (to taste) to hot pan and mash until broken up, 2-3 minutes.
- Add cream base and 2 Tbsp. water. Bring to a simmer.
- Once simmering, stir occasionally until thickened, 2-3 minutes.
- · Remove from burner.



#### 5. Finish the Dish

• Plate dish as pictured on front of card, topping enchiladas with chipotle pepper sauce and green portions of green onions. Bon appétit!



