



Chili-Lime Enchilada Chicken

with peppers, corn, and black beans

NUTRITION per serving-Calories: 510, Carbohydrates: 34g, Sugar: 5g, Fiber: 4g, Protein: 44g, Sodium: 1370mg, Fat: 23g, Saturated Fat: 9g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

Prep & Cook Time 25-35 min.

Cook Within

Difficulty Level

Spice Level

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

5 days

Easy

Medium

Before you cook

All cook times are approximate based on testing.

Customize It Instructions

• If using **pork chops**, follow same instructions as chicken in Steps 2 and 3, baking uncovered in hot oven until pork reaches minimum internal temperature, 23-27 minutes. Rest, 3 minutes.



1. Prepare the Ingredients

- Turn oven on to 400 degrees. Let preheat, at least 10 minutes. Thoroughly rinse any fresh produce and pat dry.
- Drain black beans.
- Combine **pepper and onion mix**, **corn**, black beans, 1 tsp. olive oil, seasoning blend, and a pinch of salt and pepper in provided tray and push to one side.



2. Add the Sauce and Chicken

- Combine enchilada sauce, cornstarch, and butter in a microwave-safe bowl. Microwave. 30 seconds.
- Add enchilada-cornstarch sauce to empty side of tray.
- Pat chicken dry, and place on sauce. Top with a pinch of salt and pepper.



3. Bake the Meal

- Bake uncovered in hot oven until **vegetables** are tender and chicken reaches a minimum internal temperature of 165 degrees, 25-27 minutes.
- Carefully remove tray from oven. Transfer chicken to a plate. Stir cheese into peppers. Top chicken with sauce and crispy jalapeños (to taste). Bon appétit!