



Tuscan-Style Shrimp Penne

with mushrooms and tomatoes

NUTRITION per serving-Calories: 680, Carbohydrates: 649, Sugar: 8g, Fiber: 5g, Protein: 34g, Sodium: 1570mg, Fat: 31g, Saturated Fat: 15g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time 20-30 min.

Cook Within

3 days

Difficulty Level

Spice Level

Mild

Before you cook

All cook times are approximate based on testing.

- If using fresh produce, thoroughly rinse and pat dry
- Bring 8 cups water and 2 tsp. salt to a boil in a medium pot
- Ingredient(s) used more than once: cheese

Customize It Instructions

- If using 16 oz. shrimp, follow same instructions as 8 oz. shrimp, working in batches if necessary.
- If using **steak strips**, separate into a single layer and pat dry. Follow same instructions as shrimp in Step 3, stirring occasionally until no pink remains and steak reaches minimum internal temperature, 4-6 minutes. Rest. 3 minutes.
- If using whole chicken breasts, pat dry and, on a separate cutting board, cut into 1" dice. Follow same instructions as shrimp in Step 3, stirring occasionally until chicken reaches minimum internal temperature, 5-7 minutes.



1. Cook the Pasta

- Once water in medium pot is boiling, add pasta and cook until al dente. 8-10 minutes.
- Reserve ½ cup **pasta cooking water**. Drain in a colander. Set aside.
- While pasta boils, prepare ingredients.



2. Prepare the Ingredients

- Core tomatoes and cut into 1/4" dice.
- Thinly slice mushrooms.
- Pat shrimp dry.



3. Cook the Shrimp

- Heat 1 tsp. olive oil in a large non-stick pan over mediumhigh heat.
- Add **shrimp** to hot pan and cook until opaque and shrimp reach a minimum internal temperature of 145 degrees, 2-3 minutes per side.
- Remove from burner. Transfer shrimp to a plate. Wipe pan clean and reserve



4. Cook the Mushrooms

- Return pan used to cook shrimp to medium heat and add 2 tsp. olive oil.
- Add **mushrooms** to hot pan and stir occasionally until browned. 4-6 minutes.
- Remove from burner. Transfer mushrooms to plate with shrimp. Reserve pan; no need to wipe clean.



5. Make Sauce and Finish Dish

- Return pan used to cook mushrooms to medium heat. Add wine to hot pan. Bring to a simmer. Once simmering, stir in butter until melted.
- · Add shrimp, mushrooms, pasta, half the pasta cooking water, crème fraîche, half the cheese (reserve remaining for garnish), tomatoes, and garlic salt. Stir until combined, 1-2 minutes.
- If too thick, add additional pasta cooking water, 1 Tbsp. at a time, until desired consistency is reached. Remove from burner.
- Plate dish as pictured on front of card, garnishing with remaining cheese and red pepper flakes (to taste). Bon appétit!

