



Southern-Style Fried Shrimp Tacos

with ranch slaw

NUTRITION per serving–Calories: 870, Carbohydrates: 89g, Sugar: 8g, Fiber: 5g, Protein: 31g, Sodium: 1800mg, Fat: 47g, Saturated Fat: 11g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

 $*Nutrition\ \&\ allergen\ information\ varies\ based\ on\ menu\ selection\ and\ ingredient\ availability.\ Review\ protein\ and\ meal\ labels\ for\ updated\ information.$

Prep & Cook Time 15-20 min.

Cook Within

3 days

Difficulty Level

Spice Level

Intermediate Medium

Before you cook

All cook times are approximate based on testing.

• If using fresh produce, thoroughly rinse and pat dry

Customize It Instructions

- If using 16 oz. shrimp, follow same instructions as 8 oz. shrimp, working in batches if necessary.
- If using **chicken breasts**, pat dry and, on a separate cutting board, cut into 1" pieces. Follow same instructions as shrimp in Steps 1 and 4, stirring occasionally until chicken reaches minimum internal temperature, 5-7 minutes.
- If using mahi-mahi, pat dry and halve. Follow same instructions as shrimp in Steps 1 and 4, coating fish and cooking until fish reaches minimum internal temperature, 3-4 minutes per side. Fish thickness can vary; if you receive a thinner fillet, we recommend checking for doneness sooner.



1. Prepare the Shrimp

- Pat shrimp dry.
- In a mixing bowl, combine cornstarch and 1 tsp. water. If too thick, add additional water, 1 tsp. at a time, until desired consistency is reached.
- In another mixing bowl, combine cornmeal, seasoning blend, and a pinch of salt.
- Add shrimp to cornstarch mixture, coating completely. Transfer to cornmeal-seasoning blend mixture, coating completely and pressing gently to adhere.



2. Start the Ranch Slaw

• In another mixing bowl, combine slaw mix and dressing (to taste). Set aside.



3. Finish the Ranch Slaw

- Place corn in a microwave-safe bowl. Microwave until warmed through, 30-60 seconds.
- Stir corn into bowl with ranch slaw. Set aside.



4. Cook the Shrimp

- Line a plate with a paper towel.
- Place a large non-stick pan over medium-high heat.
- Add 3 Tbsp. olive oil and shrimp to hot pan. Cook until shrimp are browned and reach a minimum internal temperature of 145 degrees, 2-4 minutes per side.
- Remove from burner. Remove shrimp to towel-lined plate.



5. Warm Tortillas and Finish Dish

- Wrap tortillas in a damp paper towel and microwave until warm, 30-60 seconds.
- Alternatively, place a medium non-stick pan over mediumhigh heat. Add tortillas, one at a time, to hot, dry pan. Heat undisturbed, 30-45 seconds per side. Remove from pan.
- Plate dish as pictured on front of card, filling tortillas with shrimp and ranch slaw (to taste), and topping with crispy onions and cheese (crumbling with if needed). Bon appétit!

