



# Sausage Pasta and Tomato Cream Sauce

with broccolini and onion

NUTRITION per serving–Calories: 767, Carbohydrates: 69g, Sugar: 9g, Fiber: 5g, Protein: 37g, Sodium: 1589mg, Fat: 39g, Saturated Fat: 13g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time 40-50 min.

Cook Within **5 days** 

Difficulty Level

Easy

lty Level Spice Level

Mild

# Before you cook

All cook times are approximate based on testing.

- If using fresh produce, thoroughly rinse and pat dry
- Set cream cheese on counter to soften
- Bring 8 cups water, 2 tsp. salt to a boil in a medium pot
- Only half the **onion** is used in this recipe

#### **Customize It Instructions**

- If using 16 oz. Italian sausage, follow same instructions as 8 oz. Italian sausage, working in batches if necessary.
- If using **ground beef**, follow same instructions as Italian sausage in Step 3, cooking until beef reaches minimum internal temperature, 4-6 minutes.
- If using **ground turkey**, follow same instructions as Italian sausage in Step 3, cooking until turkey reaches minimum internal temperature, 7-9 minutes.
- If using Impossible burger, follow same instructions as Italian sausage in Step 3, cooking until burger is heated through, 4-6 minutes.



#### 1. Cook the Pasta

- Once water is boiling, add pasta and cook until al dente, 11-13 minutes.
- Reserve ½ cup pasta cooking water. Drain pasta in a colander and set aside.
- While pasta cooks, prepare ingredients.



## 2. Prepare the Ingredients

- Trim bottom end from **broccolini** and cut into 1" lengths.
- Halve and peel **onion**. Slice one half thinly (other half yours to use as you please!).
- Remove Italian sausage from casing, if necessary.



## 3. Cook the Sausage

- Heat 2 tsp. olive oil in a large non-stick pan over mediumhigh heat.
- Add Italian sausage to hot pan and break up into small pieces until browned and sausage reaches a minimum internal temperature of 160 degrees, 4-6 minutes.
- Transfer sausage to a plate. Keep pan over medium-high heat.



#### 4. Cook the Vegetables

- Add 1 tsp. olive oil, broccolini, and onion to hot pan. Stir occasionally until slightly tender, 5-7 minutes.
- Add tomato paste, cream cheese, rosee sauce, and half the reserved pasta cooking water. Bring to a simmer.
- Once simmering, add pasta and sausage and stir until combined, 30-60 seconds.
- If too thick, add remaining pasta cooking water, 1 tsp. at a time, until desired consistency is reached. Remove from burner.



#### 5. Finish the Dish

 Plate dish as pictured on front of card, garnishing with Parmesan and red pepper flakes (to taste). Bon appétit!