

Grill-Ready



BBQ Salmon with Grilled Buttermilk Corn

and cheddar-jack potatoes

NUTRITION per serving-Calories: 695, Carbohydrates: 45g, Sugar: 15g, Fiber: 4g, Protein: 43g, Sodium: 1157mg, Fat: 38g, Saturated Fat: 13g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

Cook Within

Difficulty Level

Spice Level

20-30 min. 3 days

Easy

Before you cook

All cook times are approximate based on testing.

Customize It Instructions

- If using ribeye, pat dry and season both sides with a pinch of salt and pepper. Follow same instructions as salmon in Step 2, cooking on hot grill until steak reaches minimum internal temperature, 4-6 minutes per side. Rest, 3 minutes. Halve to serve.
- If using **chicken**, pat dry and season both sides with a pinch of salt and pepper. Follow same instructions as salmon in Step 2, cooking on hot grill until chicken reaches minimum internal temperature, 5-7 minutes per side.
- If using sirloin, pat dry and season both sides with a pinch of salt and pepper. Follow same instructions as salmon in Step 2, cooking on hot grill until steaks reach minimum internal temperature, 4-6 minutes per side. Rest. 3 minutes.



1. Prepare the Ingredients

- Spray grill with cooking spray and heat grill to medium-high heat. Thoroughly rinse any fresh produce and pat dry.
- Place potatoes, peppers, and a pinch of salt and pepper in provided grill bag. Roll open end of bag to seal and gently shake to mix.
- Peel husk off corn.
- Pat salmon dry, and season flesh side with a pinch of salt and pepper.



2. Grill the Meal

- Place grill bag and corn on hot grill and cook until potatoes are warmed through and corn is tender, 8-12 minutes, turning corn every four minutes.
- While grill bag cooks, place **salmon** on hot grill and cook until salmon reaches a minimum internal temperature of 145 degrees, 4-6 minutes per side.



3. Finish the Meal

- Carefully, open **grill bag** and scoop out **potatoes**.
- Plate dish as pictured on front of card, topping potatoes with cheese. Top corn with butter and seasoning blend (to taste). Top salmon with BBQ sauce and crispy onions. Bon appétit!

For a Rainy Day...

• If cooking indoors, preheat oven to 400 degrees. Thoroughly rinse any fresh produce and pat dry. Prepare a baking sheet with foil and cooking spray. Pat salmon dry, and season flesh side with a pinch of salt and pepper. Place potatoes, peppers, 1 Tbsp. olive oil, and a pinch of salt and pepper on prepared baking sheet and toss to coat. Spread into a single layer on one side. Place corn on the other side and drizzle with 2 tsp. olive oil. Roast in hot oven until vegetables are tender, 11-15 minutes. While vegetables roast, place a medium non-stick pan over medium heat and add 2 tsp. olive oil. Add salmon, skin side up, to hot pan and sear until golden brown and salmon reaches a minimum internal temperature of 145 degrees, 4-6 minutes per side. Remove from burner. Follow same instructions as grilling for plating.