



# **Smothered Sliced Pork**

with mushroom gravy and mashed potatoes

NUTRITION per serving-Calories: 620, Carbohydrates: 40g, Sugar: 8g, Fiber: 5g, Protein: 45g, Sodium: 1270mg, Fat: 32g, Saturated Fat: 12g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

Prep & Cook Time **15 min.** 

Cook Within

Difficulty Level

Spice Level

Easy

## Before you cook

All cook times are approximate based on testing.

• If using fresh produce, thoroughly rinse and pat dry

#### Customize It Instructions

- If using 20 oz. sliced pork, follow same instructions as 10 oz. sliced pork, working in batches if necessary.
- If using filets mignon, pat dry and season both sides with a pinch of salt and pepper. Follow same instructions as sliced pork in Step 1, cooking until steaks reach minimum internal temperature, 4-6 minutes per side. Rest, 3 minutes.
- If using **chicken breasts**, pat dry and season both sides with a pinch of salt and pepper. Follow same instructions as sliced pork in Step 1, cooking until chicken reaches minimum internal temperature, 5-7 minutes per side.
- If using **sirloin steaks**, pat dry and season both sides with a pinch of salt and pepper. Follow same instructions as sliced pork in Step 1, cooking until steaks reach minimum internal temperature, 4-6 minutes per side. Rest, 3 minutes. Steak thickness can vary; if you receive a thinner steak, we recommend checking for doneness sooner.



#### 1. Cook the Pork

- Separate **sliced pork** into a single layer, pat dry, and season all over with  $\frac{1}{4}$  tsp. salt and a pinch of pepper.
- Place a large non-stick pan over medium-high heat and add 2 tsp. olive oil.
- Add sliced pork to hot pan. Stir occasionally until no pink remains and pork reaches a minimum internal temperature of 145 degrees, 5-7 minutes.
- Remove from burner. Rest, 3 minutes. Once cool enough to handle, transfer to a clean cutting board and coarsely chop.
- While pork cooks, prepare ingredients and make sauce.



### 3. Cook Vegetables and Make Sauce

- Place a medium non-stick pan over medium-high heat and add 2 tsp. olive oil. Add mushrooms, shallot, and a pinch of salt to hot pan. Stir occasionally until mushrooms are tender, 5-7 minutes.
- · Add butter and let melt.
- Add flour and stir until no dry flour remains.
- Add ¾ cup water, vinegar, demi-glace, and seasoning blend. Bring to a simmer.
- · Once simmering, stir occasionally until slightly thickened,
- Stir in **pork** until combined. Remove from burner.



# 2. Prepare the Ingredients

• Peel and halve shallot. Slice thinly.



#### 4. Heat Potatoes and Finish Dish

- Place mashed potatoes in a microwave-safe bowl. Microwave until warmed through, 2-3 minutes.
- Plate dish as pictured on front of card, topping potatoes with pork mixture and garnishing with red pepper flakes (to taste). Bon appétit!