



### In your box

- 4 oz. Mixed Diced Peppers
- ½ tsp. Garlic Salt
- 8 oz. Fully Cooked Shredded Beef
- 2 oz. Shredded Cheddar Cheese
- 2 oz. Light Cream Cheese
- 🌶️ ½ oz. Crispy Jalapeños
- 8 oz. Cooked Penne Pasta
- 1 oz. Sour Cream
- 1 fl. oz. Carolina BBQ Sauce
- 1 oz. Pickled Onion

\*Contains: milk, wheat

### You will need

- Salt
- Microwave-Safe Bowl

### Minimum Internal Protein Temperature

145°	Steak	Pork	Lamb	Seafood
160°	Ground Beef		Ground Pork	
165°	Chicken		Ground Turkey	

Fast & Fresh



## BBQ Beef Mac and Cheese

with bell peppers and pickled onions

NUTRITION per serving—Calories: 621, Carbohydrates: 68g, Sugar: 17g, Fiber: 3g, Protein: 32g, Sodium: 1681mg, Fat: 24g, Saturated Fat: 12g  
 Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

10-20 min.

Cook Within

5 days

Difficulty Level

Easy

Spice Level

Mild

## Before you cook

All cook times are approximate based on testing.



### 1. Make the Dish

- *If using microwave:* Thoroughly rinse any fresh produce and pat dry. Remove **cream cheese** from packaging and place in a microwave-safe bowl. Microwave, 10 seconds. Combine **pasta**, 2 Tbsp. **water**, cream cheese, **shredded beef**, and **diced peppers** in provided tray. Cover tray with a damp paper towel. Microwave until beef is heated through, 5-8 minutes. Carefully remove tray from microwave. Measure out 1 Tbsp. **cheddar cheese** and set aside. Stir remaining cheddar cheese, **sour cream**, **garlic salt**, and a pinch of **salt** into tray until creamy. Garnish with **pickled onions**, reserved cheddar cheese, and **crispy jalapeños** (to taste). Drizzle **BBQ sauce** over meal. Bon appétit!
- *If using oven:* Preheat oven to 375 degrees. Thoroughly rinse any fresh produce and pat dry. Remove **cream cheese** from packaging and place in a microwave-safe bowl. Microwave, 10 seconds. Combine **pasta**, 2 Tbsp. **water**, cream cheese, **shredded beef**, and **diced peppers** in provided tray. Place tray on baking sheet and cover with foil. Bake in hot oven until beef is heated through, 14-16 minutes. Carefully remove tray from oven. Measure out 1 Tbsp. **cheddar cheese** and set aside. Stir remaining cheddar cheese, **sour cream**, **garlic salt**, and a pinch of **salt** into tray until creamy. Garnish with **pickled onions**, reserved cheddar cheese, and **crispy jalapeños** (to taste). Drizzle **BBQ sauce** over meal. Bon appétit!