





# Wood-Fired BBQ Chicken Pizza

with caramelized onions and ranch drizzle

NUTRITION per serving-Calories: 886, Carbohydrates: 83g, Sugar: 20g, Fiber: 4g, Protein: 57g, Sodium: 1976mg, Fat: 36g, Saturated Fat: 11g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

Cook Within

Difficulty Level Easy

Spice Level

35-45 min. 5 days **Not Spicy** 

# Before you cook

All cook times are approximate based on testing.

- If using fresh produce, thoroughly rinse and pat dry
- Preheat oven to **400 degrees**
- Prepare a baking sheet with foil

## **Customize It Instructions**

- If using shrimp, pat dry. Heat 1 tsp. olive oil in a large non-stick pan over medium-high heat. Cook until opaque and shrimp reach minimum internal temperature, 2-3 minutes per side. Then follow same instructions as chicken.
- If using steak strips, separate into a single layer and pat dry. Place a large non-stick pan over medium-high heat and add 1 tsp. olive oil. Stir occasionally until no pink remains and steak strips reach minimum internal temperature, 4-6 minutes. Rest, 3 minutes. Then follow same instructions as chicken.



# 1. Prepare the Ingredients

- Peel and halve onion. Slice halves into thin strips.
- Pat chicken breasts dry.



## 2. Roast the Chicken

- Place **chicken breasts** on prepared baking sheet and roast in hot oven until chicken reaches a minimum internal temperature of 165 degrees, 17-20 minutes.
- Transfer roasted chicken to a clean cutting board and rest, 5 minutes.
- Once rested, slice into 1/2"-thick strips.
- Replace foil on baking sheet.
- While chicken roasts, caramelize onion.



#### 3. Caramelize the Onion

- Place a medium pan over medium heat and add 1 tsp. olive oil.
- Add **onion** to hot pan and stir occasionally until browned, 10-13 minutes.
- If pan becomes dry, add water, 1 Tbsp. at a time.
- Remove from burner.



#### 4. Assemble and Bake the Pizzas

- Place flatbreads on newly-foiled baking sheet. Slather flatbreads with BBQ sauce. Top with chicken slices, caramelized onion, cheese, and a pinch of pepper.
- Bake in hot oven until flatbreads are crisp and cheese melts, 12-14 minutes.
- For an even crispier pizza crust, cook assembled pizzas directly on upper oven rack, with baking sheet on the lower rack to catch any drips.



## 5. Finish the Pizzas

- Let pizzas cool 2 minutes.
- Plate dish as pictured on front of card, topping pizzas with **arugula** and a drizzle of **dressing**. Bon appétit!