



Steak House Meatballs with Blue Cheese

with roasted green beans

NUTRITION per serving-Calories: 616, Carbohydrates: 24g, Sugar: 11g, Fiber: 5g, Protein: 31g, Sodium: 1621mg, Fat: 43g, Saturated Fat: 14g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time **30-40 min.**

Cook Within **5 days**

Difficulty Level **Easy**

Spice Level
Not Spicy

Before you cook

All cook times are approximate based on testing.

Customize It Instructions

- If using Impossible burger, follow same instructions as ground beef in Steps 2 and 3, baking meatballs uncovered in hot oven until heated through, 20-25 minutes.
- If using **ground chicken**, follow same instructions as ground beef in Steps 2 and 3, baking meatballs uncovered in hot oven until chicken reaches minimum internal temperature, 22-27 minutes.



1. Bake the Vegetables

- Preheat oven to 425 degrees. Thoroughly rinse any fresh produce and pat dry.
- Combine green beans, roasted red peppers, 1 tsp. olive oil, and 1 Tbsp. water in provided tray. Spread into a single layer.
- Cover tray with foil. Bake in hot oven, 10 minutes.
- While vegetables bake, make meatballs.



2. Add the Meatballs

- Finely crush crackers.
- Combine ground beef, crackers, sour cream, garlic salt, and a pinch of pepper in a mixing bowl. Form mixture into six evenlysized meatballs.
- Carefully remove tray from oven. Push vegetables to one side and season with ½ tsp. salt and a pinch of pepper. Tray will be hot! Use a utensil.
- Place meatballs in empty side of tray.



3. Bake the Meal

- Bake again uncovered in hot oven until meatballs reach a minimum internal temperature of 160 degrees, 20-25 minutes.
- Carefully remove from oven. Rest, 3 minutes. While meal rests, combine caramelized onion jam, mayonnaise, and a pinch of pepper in another mixing bowl.
- Stir green beans. Top meatballs with caramelized onion mixture, blue cheese (to taste), and crispy onions. Bon appétit!