



In your box

- 5.6 fl. oz. Coconut Milk
- 1 Shallot
- 🌶️ 1 Jalapeño Pepper
- ¾ cup Jasmine Rice
- 5 oz. Corn Kernels
- 8 oz. Sliced Plantains
- 15 ½ oz. Black Beans
- 1 Roma Tomato
- 1 Lime
- ¼ oz. Cilantro

Customize It Options

- 10 oz. Steak Strips
- 8 oz. Scallops
- 13 oz. Boneless Skinless Chicken Breasts
- 8 oz. Shrimp

*Contains: tree nuts (coconuts)

You will need

- Olive Oil, Salt, Pepper
- Medium Pot, Large Non-Stick Pan, Mixing Bowl

Minimum Internal Protein Temperature

145°	Steak	Pork	Lamb	Seafood
160°	Ground Beef		Ground Pork	
165°	Chicken		Ground Turkey	

Classic Meal Kit



Coconut Jasmine Rice Bowl

with fried plantains and corn pico de gallo

NUTRITION per serving—Calories: 998, Carbohydrates: 164g, Sugar: 43g, Fiber: 9g, Protein: 21g, Sodium: 1353mg, Fat: 32g, Saturated Fat: 18g
 Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

35-45 min.

Cook Within

7 days

Difficulty Level

Intermediate

Spice Level

Mild

Before you cook

All cook times are approximate based on testing.

- If using fresh produce, thoroughly rinse and pat dry
- Shake **coconut milk** well before opening can.
- Ingredient(s) used more than once: **shallot, jalapeño**

Customize It Instructions

- Meat lovers! If using proteins, cook with 2 tsp. **olive oil** in a large non-stick pan over medium-high heat. If using **scallops**, pat dry and season with a pinch of **salt** and **pepper**. Cook until scallops reach minimum internal temperature, 1-2 minutes per side. If using **chicken breasts**, pat dry and cut into 1" dice. Season all over with a pinch of salt and pepper. Stir occasionally until chicken reaches minimum internal temperature, 5-7 minutes. If using **steak strips**, separate into a single layer, pat dry, and season with a pinch of salt and pepper. Stir occasionally until no pink remains and steak strips reach minimum internal temperature, 4-6 minutes. If using **shrimp**, pat dry and season all over with a pinch of salt and pepper. Cook until opaque and shrimp reaches minimum internal temperature, 2-3 minutes per side. Add to rice bowl as desired.



1. Cook the Coconut Rice

- Separation is natural for coconut milk; add entire contents to pot.
- Bring a medium pot with **rice**, **coconut milk**, ¾ cup **water**, and ½ tsp. **salt** to a boil over high heat. Once boiling, reduce heat to low. Cover, and cook until rice is tender, 15-18 minutes.
- Remove from burner and set aside covered. Some coconut fat may rise near the surface of rice; stir gently to reincorporate for creamy rice.
- While rice cooks, prepare ingredients.



2. Prepare the Ingredients

- Pat **plantains** dry and slice into ½" fries.
- Drain **black beans**.
- Core **tomato** and cut into ¼" dice.
- Halve **lime**. Cut one half into wedges and juice remaining half.
- Coarsely chop **cilantro** (no need to stem).
- Peel and mince **shallot**.
- Cut 4-6 thin rounds of **jalapeño** for garnish. Stem, seed, remove ribs, and mince remaining jalapeño. Retain seeds for more spice. Wash hands after working with jalapeño.



3. Cook the Corn and Plantains

- Line a plate with a paper towel.
- Place a large non-stick pan over high heat. Add ½ tsp. **olive oil** and **corn** to hot pan. Stir occasionally until lightly browned, 2-3 minutes.
- Transfer corn to a mixing bowl. Wipe pan clean and return to medium heat.
- Add 1 tsp. olive oil and **plantains** to hot pan. Cook until golden brown, 2-3 minutes per side.
- Remove plantains to towel-lined plate. Wipe pan clean and reserve.



4. Cook the Black Beans

- Return pan used to cook plantains to medium-high heat.
- Add ½ tsp. **olive oil** and half the **shallot** (reserve remaining for corn pico de gallo) to hot pan. Stir occasionally until tender, 1-2 minutes.
- Add **black beans**, ¼ cup **water**, and a pinch of **salt**. Bring to a boil. Once boiling, cook until liquid is reduced by half, 2-4 minutes.
- Remove from burner.



5. Make Corn Pico de Gallo and Finish Dish

- To bowl with **corn**, add **tomato**, 2 tsp. **lime juice**, **minced jalapeño** (to taste), 1 Tbsp. **shallot** (add remaining to taste), **cilantro**, ¼ tsp. **salt**, and a pinch of **pepper**. Stir to combine.
- Plate dish as pictured on front of card, topping **rice** with **black beans**, **plantains**, and corn pico de gallo. Garnish with **jalapeño rounds** (to taste) and squeeze **lime wedges** over to taste. Bon appétit!