



Tex-Mex Turkey Taco Salad

with corn and tomatoes

NUTRITION per serving–Calories: 518, Carbohydrates: 25g, Sugar: 8g, Fiber: 5g, Protein: 38g, Sodium: 1075mg, Fat: 28g, Saturated Fat: 9g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time **20-30 min.**

Cook Within **5 days**

Difficulty Level

Spice Level

Easy

Spicy

Before you cook

All cook times are approximate based on testing.

• If using fresh produce, thoroughly rinse and pat dry

Customize It Instructions

- If using Impossible burger, follow same instructions as turkey in Step 3, breaking up burger until heated through, 4-6 minutes.
- If using ground beef, follow same instructions as turkey in Step 3, breaking up beef until no pink remains and beef reaches minimum internal temperature,
 4-6 minutes.
- If using diced chicken, pat dry. Follow same instructions as turkey in Step 3, stirring occasionally until chicken reaches minimum internal temperature, 5-7 minutes.
- If using shrimp, pat dry. Follow same instructions as turkey in Step 3, cooking undisturbed until shrimp reaches minimum internal temperature, 2-3 minutes.



1. Prepare the Ingredients

- Peel shallot and slice into thin rounds.
- Halve and juice lime.
- Place corn in a microwave-safe bowl and microwave until heated through, 1-2 minutes.
- Halve tomatoes.
- Stem cilantro, reserving leaves whole.



2. Pickle the Shallot

- Combine **shallot** and 2 Tbsp. **lime juice** in a mixing bowl. Set aside to pickle, at least 10 minutes, stirring occasionally to pickle evenly.
- While shallot pickles, cook turkey.



3. Cook the Turkey

- Heat 1 tsp. olive oil in a medium non-stick pan over mediumhigh heat.
- Add ground turkey, seasoning blend, and ¼ tsp. salt to hot pan. Stir occasionally until no pink remains and turkey reaches a minimum internal temperature of 165 degrees, 7-9 minutes.
- · Remove from burner.



4. Assemble the Salad

 Toss or gently combine spinach, corn, tomatoes and dressing (to taste) in another mixing bowl.



5. Finish the Dish

 Plate dish as pictured on front of card, topping salad with turkey and garnishing with pickled shallot (to taste), cilantro, and a dollop of sour cream. Bon appétit!