



In your box

¼ tsp. Red Pepper Flakes
4 oz. Coin Cut Carrots
8 oz. Bolognese Sauce
8 oz. Cooked Penne Pasta
2 oz. Shredded Mozzarella
4 Butter Crackers

Customize It Options

8 oz. Italian Pork Sausage Links
16 oz. Italian Pork Sausage Links—
Double Portion
4 Beyond Sausage Links

*Contains: milk, wheat, soy

You will need

Pepper



Oven-Ready

Italian Sausage Bolognese

with pasta and carrots

NUTRITION per serving—Calories: 732, Carbohydrates: 57g, Fat: 38g, Protein: 42g, Sodium: 1654mg.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

40-50 min.

Cook Within

5 days

Difficulty Level

Easy

Spice Level

Not Spicy



Prepare the Ingredients

- Preheat oven to 425 degrees. When ingredient appears in recipe, remove from packaging. Thoroughly rinse any fresh produce and pat dry.
- Combine **pasta**, **carrots**, **sauce**, $\frac{1}{4}$ cup **water**, and a pinch of **pepper** in provided tray. Spread into an even layer.



Add the Sausage

- Remove **Italian sausage** from casing. Crumble into small pieces and place on **pasta**.
- *If using **16 oz. Italian sausage**, follow same instructions. If using **Beyond Meat sausage**, break into small chunks and follow same instructions.*



Bake the Dish

- Cover dish with foil and bake in hot oven, 30 minutes.
- Carefully remove from oven and remove foil. Gently stir to combine. Tray is hot! Use a utensil.
- Top with **mozzarella** and crush **butter crackers** over meal. Bake again uncovered until cheese is melted and **sausage** reaches a minimum internal temperature of 160 degrees, 8-12 minutes.
- *If using **16 oz. Italian sausage**, follow same instructions. If using **Beyond Meat sausage**, bake uncovered until heated through, 8-12 minutes.*
- Let rest, 3 minutes. Garnish with **red pepper flakes** (to taste). Bon appétit!