



In your box

28 oz. USDA Choice New York Strip
Steak (Serves 2)
12 oz. Sirloin Steaks
24 oz. Filets Mignon



Protein Pack

Premium Protein Pack

includes 4 filets mignon, 2 New York strips, and 2 sirloin steaks

NUTRITION per serving—Calories: 355, Carbohydrates: 0g, Fat: 16g, Protein: 49g, Sodium: 133mg.
Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

10-20 min.

Cook Within

6 days

Difficulty Level

Easy

Spice Level

Not Spicy



Sirloin Steak Instructions

- Pat **steaks** dry. We recommend seasoning both sides with ¼ tsp. salt and a pinch of pepper.
- Use a large non-stick pan with 2 tsp. olive oil over medium-high heat and cook to a minimum internal temperature of 145 degrees, 5-7 minutes per side.
- *For grilling, follow same instructions, heating grill to medium heat and spraying with cooking spray.*



New York Strip Steak Instructions

- Pat **NY strip steaks** dry. We recommend seasoning both sides with ¼ tsp. salt and a pinch of pepper.
- Use a large non-stick pan with 2 tsp. olive oil over medium heat and cook to a minimum internal temperature of 145 degrees, 9-11 minutes per side.
- Halve strip steaks to serve.
- *For grilling, follow same instructions, heating grill to medium heat and spraying with cooking spray.*



Filets Mignon Instructions

- Pat **filets** dry. We recommend seasoning both sides with ¼ tsp. salt and a pinch of pepper.
- Use a large non-stick pan with 2 tsp. olive oil over medium-high heat and cook to a minimum internal temperature of 145 degrees, 5-8 minutes per side.
- *For grilling, follow same instructions, heating grill to medium heat and spraying with cooking spray.*